

Rotherham Child and Adolescent Mental Health Services (CAMHS) Review of Children and Young People's Voice and Influence

Introduction

At its meeting on 14 April 2016 the Health Select Commission received the first monitoring report on progress of the recommendations agreed following its CAMHS scrutiny review. Officers reported that as part of CAMHS transformation Rotherham Clinical Commissioning Group (CCG) had commissioned an independent review of the nature and extent of children and young people's voice and influence in Rotherham CAMHS. HSC recommended that the outcomes of this review should be submitted to the Commission and to Rotherham Youth Cabinet.

Purpose of the Voice and Influence review

This was to propose a number of participation priorities to build into services in order to:

- Strengthen children and young people's voice and influence
- Increase the responsiveness of services
- Improve mental health outcomes

Methodology

The first stage scoped what children and young people have said about their experience of mental health services, of being listened to and about their participation priorities.

The second stage drew on these findings to frame guided conversations with four focus groups and a couple of individual interviews with children and young people who all had personal experience of mental health services. Members of the Parents and Carers Forum participated jointly with the children and young people in one focus group. Interviews/focus groups also took place with workers.

The review considered nine participation priorities covering experience, personal care and public involvement:

- Feeling good – personal experience of being listened to and involved in decisions about own care
- Doing the job right – being able to take part in helping develop the service (contributing to management)
- Running the service well – having a voice and influence with the leadership of the organisation

9 participation priorities across three aspects of service delivery		
Direct practice	Service management	Organisational leadership
Feeling good	Doing the job right	Running the service well
1 Assessment	4 Staff training	7 Involvement in commissioning
2 Routine outcome monitoring	5 Supervision and appraisal	8 Influencing senior managers
3 Complaints procedure and advocacy	6 Recruitment and selection	9 Mission statement

Review findings and recommendations

Both positives and concerns were raised in the focus groups and most participants had not been involved in helping to develop the service or in influencing the leadership of the organisation.

The review made one overall recommendation which was to embed the use of the mapping and planning tool of participation priorities in order to integrate participation more systematically as part of wider organisational and cultural change (see Appendix 1).

Recommendations for HSC

Members of Health Select Commission are asked to:

- Note and discuss how the voice and influence review recommendation will be taken forward and in particular how this will support the recommendations from the Children's Commissioner Takeover Challenge review.

Briefing note: Janet Spurling, Scrutiny Officer janet.spurling@rotherham.gov.uk

Appendix 1

9 top priorities: mapping	1.In place and effective; 2.In place, but needs improving; 3.Currently being established; 4.Not in place
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	What's the evidence of meeting the indicator?	What do the children and young people say about how this indicator is being met?	Score 1-4 (as above)	PLANNING ↓
Feeling good: Initial assessments are undertaken in a timely manner, with a holistic approach and involving the young person throughout and parents, carers or friends where agreed				
Feeling good: Session by session monitoring is standard practice, involving the young person in reviewing process, goals and progress				
Feeling good: A complaints procedure and independent advocacy are available and accessible, well signposted and sufficiently resourced				
Doing the job right: Staff training for trainees and existing workers systematically includes young people in its design, delivery and evaluation				
Doing the job right: Recruitment and selection of staff (internally or externally) involves children and young people throughout				
Doing the job right: Supervision and appraisal of staff includes children and young people's feedback through a range of accessible methods				
Running service well: Commissioning of services involves children and young people in their design, procurement and evaluation				
Running the service well: Influencing senior managers occurs through a range of approaches and feeds into strategic decision making				
Running the service well: A mission statement or charter about the involvement of children and young people in the service is in place, accessible and used to review progress				

9 top priorities: planning

[illegible]